

WEEKLY MENU

WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Tomato & Basil	Carrot & Coriander	Garden Vegetable	Leek & Potato	Cream of Broccoli
MAIN	Beef Stew with Dumplings	Spaghetti Bolognese	Roast Chicken with Gravy	Mac Bar with Toppers	Chicken Tacos Tacos with Slaw, Salsa & Crispy salad
MEAT FREE	Tofu & Spinach Curry	Vegan Lasagne	Cauliflower Rice, Spiced Chickpea loaded Peppers	Vegan Mac & Cheese with Toppers	Sweet Potato & Turtle Bean Taco, Slaw, Salsa & Crispy salad
NURSERY	Beef Stew with Dumplings	Spaghetti Bolognese	Roast Chicken with Gravy	Mac & Cheese	Fish Fingers, Tartare Sauce, Lemon
SIDES	Cauliflower Carrots Creamy Mashed Potato	Green Beans Sweetcorn Garlic Bread	Broccoli Roasted Roots Roast Potatoes	Courgette Baked Beans Potato Wedges	Peas Cucumber slices Steamed Rice
THEATRE BAR	Pasta Bar	Build a Wrap Bar	Pasta Bar	Baked Spud Bar	St Georges Mess Bar
DESSERT	Berry & Apple Crumble	Yoghurt Parfait	Blueberry Muffin Slice	Ice Cream	Chocolate Chip Cookie

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WEEKLY MENU

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Butternut Squash	Lentil & Carrot	French Onion	Sweet Potato & coconut	Spiced Tomato
MAIN	Lamb Shepherd's Pie	Chicken Stir-fry	Roast Pork with Apple Sauce	Classic Chilli con Carne, Guacamole, Salsa	Battered fish, Tartare sauce, Lemon
MEAT FREE	Vegan Shepherd's Pie	Tofu, Stir-fried Veg Noodles	Vegan Edamame Enchiladas	Butterbean & vegetable Stew	Courgette & cherry tomato Frittata
NURSERY	Lamb Shepherd's Pie	Chicken Stir-fry	Pasta Carbonara	Classic Chilli con Carne, Guacamole, Salsa	Battered fish, Tartare sauce, Lemon
SIDES	Carrots Green Beans	Bok Choy Peas Noodles	Broccoli Sauteed Courgette Herby boiled Potatoes	Sweetcorn Creamed Spinach Basmati Rice	Garden Peas Roasted Squash String Fries
PASTA / JACKETS	Pasta Bar	Build a Wrap Bar	Pasta Bar	Baked Spud Bar	St Georges Mess Bar
DESSERT	Sliced Banana & Custard	Greek Yoghurt & Berries	Stewed Cinnamon Apple & Cream	No Added Sugar Beetroot Brownie	Fresh Fruit Platter

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WEEKLY MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Mushroom & Tarragon	Vegetable Noodle Broth	Carrot & Lentil	Minestrone	Italian Tomato
MAIN	Classic Chicken & Vegetable Pie	Pork Meatballs with Penne	Roast Beef with Gravy, Yorkshire Pudding	Chicken Korma, Mini Naan & Chutneys	Fish Fingers with Tartare Sauce & Lemon
MEAT FREE	Lentil & Sweet Potato Curry	Feta & Oregano Pasta	Spinach & Ricotta Quesadilla	Vegetable Samosa + Chutney	Vegan Ramen
NURSERY	Classic Chicken & Vegetable Pie	Pork Meatballs with Penne	Spinach & Ricotta Quesadilla	Chicken Korma, Mini Naan	Fish Fingers with Tartare Sauce & Lemon
SIDES	Carrots Roasted Cauliflower Steamed Rice	Green Beans Peas Infused Garlic Bread	Mashed Roots Broccoli Roast Potatoes	Spinach Green Beans Pilaf Rice	Baked Beans Corn on the Cob String Fries
PASTA / JACKETS	Pasta Bar	Build a Wrap Bar	Pasta Bar	Baked Spud Bar	St Georges Mess Bar
DESSERT	Oatmeal Cookie & Yoghurt	Apple Crumble & Custard	Chocolate Muffin	Rice Pudding with Mixed Berries	Frozen Fruit Yoghurt

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