

St George's School, Edinburgh

Week 1 *	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Red lentil & vegetable soup	Carrot, coconut and chilli soup	Tomato and basil soup	Sweet potato soup	Chunky vegetable
Main counter	Mediterranean style Beef meatballs	Thai Red curryt	Loaded Macaroni cheese, haggis, Sweet Chilli Quorn	Panini station	Oven baked haddock. Tartare sauce & lemon.
Main counter meat free	Sweet potato, spring onion & cheese frittata	Cauliflower, chickpea & Quorn curry	Baked fillet of Coley	Panini station	Gnocchi, spinach, broccoli and tomato
Nursery					
Sides	Steamed broccoli Sweetcorn Penne pasta	Rice Spiced onions Sauted cabbage Peas Raita	Steamed greens. Buttered carrots	Tortilla chips Coleslaw Sour cream Tossed seasonal salad	Fries Garden peas Lemon wedges Savoy Cabbage
Pasta/Jackets	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta) / tomato sauce Baked potato & fillings	Fresh pasta) / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings
Dessert of the Day	Beetroot brownie	Sticky toffee pudding with custard	St Georges Mess	Ice cream cone & toppings	Sweet treat Friday

Please note allergens may change. For allergen information please speak to a member of the team.

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Week 2 *	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Minestrone soup	Split yellow pea and vegetable soup	Lentil & Carrot soup	Roast Pepper & tomato	Cream of mushroom & thyme soup
Main counter	Tex Mex Chilli nachos	Chicken Stroganoff	Sticky honey chilli chicken	Beef Burger, Tomato & gherkin	Oven baked battered haddock, lemon & tartare sauce
Main counter meat free	Lemon & herb quorn pieces served in flatbread	Spinach, Quorn, sun dry tomato & garden pea Fusilli	Macaroni Cheese	Bean Burger	Vegetable , chickpea & quorn chilli
Nursery					
Sides	Cauliflower Broccoli Rice	Creamed potato Green beans corn	Steamed rice Shredded Cabbage with onion seeds Garlic bread	Smoked paprika roast potatoes Cheese slices Relish/sauces Mini corn on the cob	Cous cous chips Garden peas / mushy peas
Pasta/Jackets	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings
Dessert of the Day	Syrup sponge	Carrot cake	Baked rice pudding, summer berry compot	Apple crumble	Sweet treat Friday

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Week 3 *	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Garden pea & vegetable soup	Butternut squash & sweet potato soup	Carrot and coriander soup	Cream of tomato soup	Golden vegetable soup
Main counter	Butter Chicken	Pasta Bolognaise	BBQ Glazed chicken	Pizza/pasta station	Oven baked breaded haddock, lemon and tartare sauce.
Main counter meat free	Lightly spiced vegan fillet	Honey roast sweet potato, pepper & chickpea Tagine	Vegan BBQ bake	Pizza/pasta station	Sweet potato falafel, warmed flat bread & chilli slaw
nursery					
Sides	Pilaf rice Steamed broccoli. Honey lemon carrots riata	Cabbage Penne pasta Cous cous	Potato wedges Green beans Spiced cauliflower Crispy onions	Mixed salad Coleslaw	Chips Garden peas. Tartare sauce Chilli slaw Herb courgette
Pasta/Jackets	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta) / tomato sauce Baked potato & fillings
Dessert of the Day	Ice cream	Pear Cobbler	Mixed berry sponge	Seville Orange cake	Sweet treat Friday

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